Project Description Form:

Applicant: Regional In-Service Teacher Training Centre Metis in Katowice

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Erasmus project card + School Education, 2nd action - cooperation aimed at the innovation and exchange of good practices - strategic partnerships cooperation between institutions active in the field of education.

1.	Project title	Falochron - Eng. Breakwater
2.	Estimated cost of the project implementation	around 300 000 Euros.
3.	Project duration	2 years
4.	Aims of the project	 Prevention of risky behaviours in young people Increasing the awareness concerning protective factors and the development of consistent, systemic educational and preventive activities in schools. Proper diagnosis of the school environment and the problems of young people Dissemination of knowledge about the importance of protective factors including proper family ties of young people which strengthen the relationships. Correction of inappropriate behaviour, modelling of constructive educational activities in school environments, related to the broadly taken school climate. Creation of the systemic interdisciplinary interactions in the field of activities undertaken by the institutions and services working for the benefit of education, upbringing and safety of children and young people. Setting up a forum for the exchange of good practices, developing common standards, opportunity to compare experiences.
5.	Project justification	Research and observations show that in the first classes of the second stage schools of basic education (in Poland - in junior high schools) difficulties in adaptation to the new requirements and environment are observed in 20 - 25% of the students. During this period, the most common types of problem behaviour in young people are those the severity and course of which depend on the family and social environment. The most commonly observed ones include such behaviours as: decreased activity and motivation to learn, decrease in the number of hobbies and interests, aggressive behaviour, taking psychoactive substances, isolation from peers, truancy and giving up school. Consequently, a significant number of young people decrease their educational opportunities and form a high-risk group. Effective actions require identification of the existing problems specific to a given environment, which should be reflected in the creation of corrective models and a support system of a varying scope. Effective activities of this type require regular broadening of educational competences of adults working with young people.

	Falochron(Breakwater) primarily means integration and coordination of the activities of all services, institutions and organizations undertaking actions aimed at the prevention of risky behaviour of young people and solving social problems. Improvement of the competences and educational and preventive skills of the teachers involved in such activities in schools and institutions is also one of the elements of Falochron(Breakwater). Actions undertaken in this area shall result in setting up School Falochrons(School Breakwaters) that will surround young people with a support network.
6. Target group	 Teachers from 10 schools from the province of Silesia Teachers from 10 schools from another province in Poland Teachers from 10 schools from the country of the 1st partner Teachers from 10 schools from the country of the 2nd partner
7. Project description - actions taken and results	Stage 1 Action: - Project opening conference in Katowice with the participation of all project partners - summing up of previous actions within Falochron(Breakwater), phase of joint planning of the schedule of actions for the time of project implementation. Results: - Creation of a brochure of good practices of the current activities of Falochron(Breakwater) and new activities induction materials. Stage 2 Actions: - training sessions for new partners and new participants - cascade trainings: Metis shall organize training sessions for a teacher training institution from another province, for foreign partners, for 10 schools from the province of Silesia; A teacher training institution form another province shall organize training sessions for 10 schools from still another province, foreign partners shall organize training sessions in schools in their country; Results: - an online platform for the exchange of experiences shall be set up - schools shall develop diagnosis and report forms in accordance with the programme assumptions

		Stage 3 Actions: - Meeting the aim of which is to exchange experience among all partners Results: - Jointly developed best evaluation methods (modification of existing methods after the first two stages of Falochron(Breakwater) in schools have been completed). Stage 4 Actions:
		- Evaluation of Falochron projects(Breakwater) projects in schools Results: - evaluation reports sent in a cascade manner to the training institutions. Stage 5 Actions: - Summing-up conferences for the Falochron(Breakwater) project (Katowice in the case of the Polish partner, in the country of the 1st foreign partner and in the country of the 2nd foreign partner)
		Results: - brochure on the implementation of Falochron(Breakwater) covering the period of Erasmus+ implementation, development of common practices, opportunity to exchange experiences and so on.
9.	Names of partners (co- beneficiaries) taking part in the implementation of the project (at least 2 partners)	1. Provincial Police Headquarters in Katowice 2. Teacher training institution from another province 3. Provincial Police Headquarters from another province (the same as the province chosen in the case of the teacher training institution) 4. Foreign partner No. 1 5. Foreign partner No. 2